

**Author(s):****Question:** Erinevaid antiemeetikume või mittefarmakoloogilis võtteid compared to erinevaid antiemeetikume või platseebot või mittefarmakoloogilisi võtteid for iivelduse ja oksendamise ravis**Setting:****Bibliography:**

Certainty assessment							N <sup>o</sup> of patients		Effect		Certainty	Importance
N <sup>o</sup> of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	erinevaid antiemeetikume või mittefarmakoloogilisi võtteid	erinevaid antiemeetikume või platseebot või mittefarmakoloogilisi võtteid	Relative (95% CI)	Absolute (95% CI)		
<b>livelduse vähenemine, metoklopramiid vs platseebo (follow up: range 0min to 30 min; assessed with: iivelduse VAS)</b>												
3 <sup>1,2,3</sup>	randomised trials	not serious	not serious	serious <sup>a</sup>	serious <sup>b</sup>	none	153	148	-	MD 5.27 mm lower (11.33 lower to 0.8 higher)	⊕⊕○○ LOW	
<b>livelduse vähenemine ; metoklopramiid vs. aktiivne kontroll (follow up: range 0 min to 30 min; assessed with: iivelduse NRS )</b>												
4 <sup>1,2,3,4,5</sup>	randomised trials	not serious	not serious	serious <sup>a</sup>	serious <sup>c</sup>	none	Uuritud erinevaid preparaate erinevates uuringutes ( metoklopramiid erinevad annused ,tropisetron , ondansetron, prometatsiin,prokloperasiin,droperidool ). Ainuke statistiline erinevus oli metoklopramiidi võrdluses droperidooliga, droperidooli korral iivelduse vähenemine olulisem. MD 14,30 95%CI 2,21 to 26.3			⊕⊕○○ LOW		
<b>iivelduse vähenemine;prokloperasiin vs aktiivne kontroll (follow up: range 0min to 30 min; assessed with: iivelduse VAS , võrreldune alguse tasemega )</b>												
2 <sup>2,6</sup>	randomised trials	serious <sup>d</sup>	not serious	serious <sup>a</sup>	not serious	none	MD 0,93 ( -11,97 to 13,42)			⊕⊕○○ LOW		
<b>livelduse vähenemine ; ondansetron vs platseebo (follow up: range 0 min to 30 min; assessed with: VAS iiveldus )</b>												
2 <sup>1,7</sup>	randomised trials	not serious	not serious	serious <sup>a</sup>	not serious	none	MD -4,32 95% CI -11.2 to 2,56			⊕⊕⊕○ MODERATE		
<b>livelduse vähenemine ; 5-HT3 blokaatorid vs aktiivne kontroll (follow up: range 0 min to 30 min; assessed with: iivelduse vähenemine iivelduse VAS skaalal alguse tasemest )</b>												
5 <sup>1,2,3,6,8</sup>	randomised trials	serious <sup>d</sup>	not serious	serious <sup>a</sup>	not serious	none	4 uuringut ondansetroniga,1 uuring tropisetroniga ."Pooled" tulemustest ,erinevus keskmises VAS hinnangus 30-ndal minutil 5HT3 blokaatori ja muu antiemeetiku vahel oli 2,88(95%CI -2,03 to 6,59) .Patka 2011 (kõrge"bias "riskiga uuring ) tulemuste välja arvamisel üldtulemus ei muutunud.			⊕⊕○○ LOW		
<b>livelduse vähenemine ; prokloperasiin vs. platseebo (follow up: range 0 min to 30 min; assessed with: iivelduse VAS )</b>												
1 <sup>2</sup>	randomised trials	not serious	not serious	serious <sup>a</sup>	serious <sup>e</sup>	none	MD -1,8 ( 95% CI -14,40, 10,80 )			⊕⊕○○ LOW		
<b>livelduse vähenemine ; prometatsiin vs.platseebo (follow up: range 0 min to 30 min; assessed with: livelduse VAs, vähenemine algtasemest )</b>												
1 <sup>1</sup>	randomised trials	not serious	not serious	serious <sup>a</sup>	serious <sup>e</sup>	none	MD -8,47 (95% CI -19,79,2,85) Uuring ei tõendanud,et ondansetron oleks parem kui metoklopramiid või prometatsiin			⊕⊕○○ LOW		
<b>livelduse vähenemine ; dropridool vs. platseebo (follow up: range 0 min to 30 min; assessed with: iivelduse VAs, vähenemine algtasemest)</b>												

1 <sup>2</sup>	randomised trials	not serious	not serious	serious <sup>a</sup>	serious <sup>e</sup>	none	MD 95% CI - 15,80 ( - 26,98, -4,62 ) Droperidool ( annus 1,25 mg ) parem kui MCP ja prokloorperasiin ja platseebo..droperidoolil rohkem akatiisiat 24 t jälgimiseaja jooksul .Erinevust polnud RM manustamistel ja patsiendi rahulolus raviga..MCP ja prokloorperasiinil polnud vahet võrreldes platseeboga, patsiendid paranesid ajaga ja võimalik ka,et iv hüdreerimisega .			⊕⊕○○ LOW	
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livelduse vähenemine ; prometatsiin vs aktiivne kontroll (follow up: range 0 min to 30 min; assessed with: iivelduse VAS skaala, vähenemine alguse tasemest )

2 <sup>1,2,3</sup>	randomised trials	not serious	not serious	serious <sup>a</sup>	not serious	none	MD -2,17 (95% CI - 8,99 , 4,66)			⊕⊕⊕○ MODERATE	
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Patsientide osakaal ,kes vajavad "rescue" ravimit ; metoklopramiid vs platseebo (follow up: range 0 min to 60 min; assessed with: oksendamise episood jälgimise ajal )

3 <sup>1,2,3</sup>	randomised trials	not serious	not serious	serious <sup>a</sup>	serious <sup>c</sup>	none	25/152 (16.4%)	65/147 (44.2%)	OR 0.30 (0.17 to 0.53)	250 fewer per 1,000 (from 323 fewer to 146 fewer)	⊕⊕○○ LOW	
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Patsientide rahulolu; metoklopramiid vs. platseebo (follow up: range 0 min to 60 min; assessed with: patsientide oma hinnangu järgi)

2 <sup>2,3</sup>	randomised trials	not serious	not serious	serious <sup>1,2,3</sup>	serious <sup>c</sup>	none	74/111 (66.7%)	69/105 (65.7%)	OR 1.07 (0.60 to 1.91)	15 more per 1,000 (from 122 fewer to 128 more)	⊕⊕○○ LOW	
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Patsiendid ,kes vajavad "rescue medikatsiooni= RM " ; ondansetron vs.platseebo (follow up: range 0 min to 30 min; assessed with: osalejate proportsioon,kes vajavad RM)

2 <sup>1,7</sup>	randomised trials	not serious	not serious	serious <sup>a</sup>	not serious	none	48/126 (38.1%)	52/121 (43.0%)	OR 0.82 (0.49 to 1.37)	48 fewer per 1,000 (from 160 fewer to 78 more)	⊕⊕⊕○ MODERATE	
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Patsiendid ,kes vajavad RM; 5HT3 antagonistid vs aktiivne kontroll (follow up: range 0 min to 60 min; assessed with: Proportsioon uuringus osalejaid ,kes vajavad RM)

5 <sup>1,2,6,7,8</sup>	randomised trials	serious <sup>d</sup>	not serious	serious <sup>a</sup>	serious <sup>f</sup>	none	73/268 (27.2%)	68/314 (21.7%)	OR 1.47 (0.72 to 3.01)	72 more per 1,000 (from 51 fewer to 238 more)	⊕○○○ VERY LOW	
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Patsiendid ,kes vajavad RM ; prokloorperasiin vs aktiivne kontroll (follow up: range 0 min to 30 min; assessed with: uuringus osalejate arv,kes vajavad RM)

3	2,6,9	randomised trials	serious <sup>d</sup>	not serious	serious <sup>a</sup>	serious <sup>f</sup>	none	10/98 (10.2%)	17/121 (14.0%)	<b>OR 0.77</b> (0.07 to 8.74)	<b>29 fewer per 1,000</b> (from 129 fewer to 448 more)	⊕○○○ VERY LOW	
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**Patsiendid ,kes vajasid RM,; prometatsiin vs. aktiivne kontroll (follow up: range 0 min to 60 min; assessed with: Uuritavate hulk,kes vajasid RM)**

3	1,2,9	randomised trials	not serious	not serious	serious <sup>a</sup>	not serious	none	47/147 (32.0%)	46/187 (24.6%)	<b>OR 0.551</b> (0.580 to 4.140)	<b>94 fewer per 1,000</b> (from 87 fewer to 329 more)	⊕⊕⊕○ MODERATE	
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**Kõrvaltoimed:metoklopramiid vs. aktiivne kontroll (follow up: range 0 min to 60 min; assessed with: symptom (peavalu,akatiisia )**

4	1,2,3,8	randomised trials	not serious	not serious	serious <sup>a</sup>	not serious	none	Ainuke statistiliselt oluline tulemus oli metoklopramiidi võrdluses tropisetroniga ,kus MCP grupil rohkem akatiisiat nii 30 kui 60 minutil ( MD 1,1 95%CI 0,1- 22; 60 min 1,2 95% CI 1,01 to 2,5 ) .Mainitud oli veel peavalu ja pearinglust.			⊕⊕⊕○ MODERATE	
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**PC6 akupressuuri punkti stimulatsioon võrreldes " sham" pressuur ; iivelduse esinemine postoperatiivselt (assessed with: iivelduse korrad esimese ööpäeva jooksul)**

40	<sup>10</sup>	randomised trials	serious <sup>g</sup>	serious <sup>f</sup>	serious <sup>h</sup>	not serious	none	741/2415 (30.7%)	1090/2327 (46.8%)	<b>RR 0.68</b> (0.60 to 0.77)	<b>150 fewer per 1,000</b> (from 187 fewer to 108 fewer)	⊕○○○ VERY LOW	
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**PC6 akupunktuuri punkti stimulatsiooni ja "sham" pressuur ; oksendamine, öökimine postoperatiivselt (assessed with: oksendamise intsidendid)**

46	<sup>10</sup>	randomised trials	serious <sup>g</sup>	serious <sup>f</sup>	serious <sup>h</sup>	not serious	none	497/2617 (19.0%)	832/2530 (32.9%)	<b>RR 0.60</b> (0.51 to 0.71)	<b>132 fewer per 1,000</b> (from 161 fewer to 95 fewer)	⊕○○○ VERY LOW	
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**PC6 akupressuur ja " sham" pressuur ; RM vajadus ,ei eristatud preparaate) (assessed with: RM kasutamine )**

39	<sup>10</sup>	randomised trials	serious <sup>g</sup>	serious <sup>f</sup>	serious <sup>h</sup>	not serious	none	461/2344 (19.7%)	749/2278 (32.9%)	<b>RR 0.64</b> (0.55 to 0.73)	<b>118 fewer per 1,000</b> (from 148 fewer to 89 fewer)	⊕○○○ VERY LOW	
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**PC6 akupunktuuri punkti stimulatsioon võrreldes antiemeetikumidega (MCP,droperidel,ondansetron, cyclizin); iivelduse esinemine (assessed with: iivelduse kord esimesel postop. päeval)**

14 <sup>10</sup>	randomised trials	serious <sup>g</sup>	not serious	serious <sup>h</sup>	not serious	none	146/639 (22.8%)	173/693 (25.0%)	<b>RR 0.91</b> (0.75 to 1.00)	<b>22 fewer per 1,000</b> (from 62 fewer to 0 fewer)	⊕⊕○○ LOW	
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**PC6 akupressuur versus antiemeetikum ; RM vajadus (assessed with: RM vajadus korrad )**

9 <sup>10</sup>	randomised trials	serious <sup>i</sup>	not serious	serious <sup>h</sup>	not serious	none	59/448 (13.2%)	67/447 (15.0%)	<b>RR 0.87</b> (0.65 to 1.16)	<b>19 fewer per 1,000</b> (from 52 fewer to 24 more)	⊕⊕○○ LOW	
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**PC6 akupunktuuri punkti stimulatsioon versus antiemeetikum (erinevad ) ; oksendamine ja öökimine postoperatiivselt (assessed with: oksendamise / öökimise intsident)**

19 <sup>10</sup>	randomised trials	serious <sup>i</sup>	not serious	serious <sup>h</sup>	not serious	none	117/837 (14.0%)	128/871 (14.7%)	<b>RR 0.87</b> (0.65 to 1.16)	<b>19 fewer per 1,000</b> (from 51 fewer to 24 more)	⊕⊕○○ LOW	
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**PC6 akupunktuuri punkti stimulatsioon ja antiemeetik versus antiemeetikum ; iivelduse esinemine (assessed with: iivelduse intsident )**

8 <sup>10</sup>	randomised trials	serious <sup>i</sup>	very serious <sup>j</sup>	serious <sup>h</sup>	serious <sup>e</sup>	none	122/320 (38.1%)	153/322 (47.5%)	<b>RR 0.79</b> (0.55 to 1.13)	<b>100 fewer per 1,000</b> (from 214 fewer to 62 more)	⊕○○○ VERY LOW	
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**PC6 akupunktuuri punkti stimulatsioon ja antiemeetikum versus antiemeetikum; oksendamise/ öökimise intsendid POP (assessed with: oksendamise ,öökimise intsident )**

9 <sup>10</sup>	randomised trials	serious <sup>i</sup>	serious <sup>f</sup>	serious <sup>h</sup>	serious <sup>e</sup>	none	61/340 (17.9%)	114/347 (32.9%)	<b>RR 0.56</b> (0.35 to 0.91)	<b>145 fewer per 1,000</b> (from 214 fewer to 30 fewer)	⊕○○○ VERY LOW	
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**PC6 akupunktuuri punkti stimulatsioon ja antiemeetikum versus antiemeetikum; RM vajadus (assessed with: RM vajadus )**

5 <sup>10</sup>	randomised trials	not serious	not serious	serious <sup>h</sup>	serious <sup>e</sup>	none	40/210 (19.0%)	66/209 (31.6%)	<b>RR 0.61</b> (0.44 to 0.86)	<b>123 fewer per 1,000</b> (from 177 fewer to 44 fewer)	⊕⊕○○ LOW	
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**CI:** Confidence interval; **MD:** Mean difference; **OR:** Odds ratio; **RR:** Risk ratio

**Explanations**

a. uuring erakorralistel haigetel

- b. Lai CI ja ei saanud piisavalt informatsiooni ( vähe haigeid ) ( wide confidence interval and not achieving optimal information size )
- c. Tulemusnäitaja halvasti ja variaabelselt kirjeldatud neis uuringutes
- d. Üks kaasatud uuringutest kõrge vea riskiga ( personali ja patsientide pimendamine , tulemuste jälgimise puudulikkus , muu )
- e. Vähe patsientide uuringus
- f. suur heterogeensus uuringute vahel
- g. kaasatud palju uuringuid, riske erinevas tasemes ja palju
- h. Uuring operatsioonihaigetel
- i. mõõdukal määral riske ( study limitations, allocation , blinding )
- j. väga suur heterogeensus uuringute vahel

## References

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